Monash School Newsletter

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NEWSLETTER UPDATE NO: 16 – 17 OCTOBER 2014

Dates to Remember

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<tr>
<th>Monday, 20 October</th>
<th>Kulture Break Dance lessons</th>
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<td>PIPS testing Kinder students</td>
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<td>Tuesday, 21 October</td>
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<td>Wednesday, 22 October</td>
<td>Kulture Break Dance lessons</td>
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<td>PIPS testing Kinder students</td>
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<td>Thursday, 23 October</td>
<td>Lanyon Homestead excursion 1/2D, 1/2M and 1/2P</td>
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<td>Friday, 24 October</td>
<td>Assembly Year 1 / 2 9.15 am</td>
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<td>Monday, 27 October</td>
<td>Year 5 / 6 Camp to Cooba</td>
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<td>Swimming Lessons begin</td>
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<td>Preschool Farm excursion</td>
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<td>Preschool 2015 information night 6.30 pm</td>
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<td>Thursday, 30 October</td>
<td>Preschool Farm excursion</td>
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Notes Going Home This Week

Year 1 / 2 Excursion to Lanyon Homestead
End of Year Performance – Dance Lessons and Ticket information
Year 5 / 6 camp “What to Bring” note
Stationery lists will be going home next week

MONASH SCHOOL IS ALLERGY FRIENDLY

Principal’s Message

Dear Parents/Carers

Welcome to Term 4. I have heard many interesting stories about the recent school holidays from our children and it sounds like many of our families had some wonderful experiences together. This term will again be very eventful.

Our school was a hive of activity over the school holidays. Many of you will notice the new car park that has been constructed at the front of the school. At present, we are waiting for the finishing touches to be applied and this should be accessible for parking within the next two weeks.

Also in the holidays, the Kindergarten courtyard underwent a major
facelift. Designed and constructed by one of our very creative parents, Patrick, we now have an amazing mural and a bike track to occupy the children during break times. Thanks to Patrick for all of his hard work in making this idea become a reality for the children.

Our visitors from Goodwin Village enjoyed watching a variety of performances from students in preschool through to Year 6 on Wednesday morning. They then spent time reading with children from 1/2, listened to our choir and enjoyed morning tea.

Staff in all units have prepared Term 4 overviews which will provide an outline for parents/carers of the key areas of learning content to be covered this term. Please note that these will be sent home with the children next Wednesday, 22 October. These documents are an important link between home and school providing parents/carers with the opportunity to support their children’s learning at school.

At present, staff are also working on the composition of 2015 classes. Thanks to those parents who have provided me with relevant information to assist in this process. Early next week we will be asking the children for their input into the process. Our aim is to finalise and publish class lists by Friday, 21 November 2014.

A reminder that information packages about our End of Year Concert on Tuesday, 9 December were sent home yesterday. Based on the response from last year it will be important to book and purchase tickets as early as possible to avoid disappointment.

I am excited to announce that on Sunday, 9 November from 10.00 am to 12.30 pm we will be conducting a community working bee. This will not be a normal working bee. Everyone who attends will have the opportunity to help with the planting of the new plants in our Outdoor Learning / Sensory Garden. This process will be coordinated by the landscaper who assisted in the design and planning of this area. I really encourage any families who can spare some time on this date to attend this community event and remain for a sausage sizzle.

Our Year 5/6 students are becoming increasingly excited about their upcoming camp to Cooba. A reminder to parents/carers to please check the “What to Bring” list which will be sent home today.

Also in Week 3, many of our junior students will be participating in swimming lessons. Information packs about these sessions were sent home last term. Please contact the front office if you require a replacement note or more information.

Have a great weekend everybody and enjoy the sunshine.

Shane Carpenter
Principal

**Deputy Principal’s Brief**

We all know that there is so much more to school than just reading, writing and arithmetic. It’s also about making friends, learning how to work with others, and knowing how to be responsible for yourself.

Knowing how to manage feelings and get on with others are important skills for everyone. This kind of learning starts in early childhood with parents and carers as children’s most important first teachers.

Research has found that teaching children social and emotional skills at school as well as at home makes a positive difference to their wellbeing. Social and emotional skills help school children settle in the classroom and get on with learning.

Useful skills to learn include:
- coping with frustrations or worries
- getting along with others
The kinds of social and emotional skills that are important for children to develop have been identified by researchers as:

**Self-awareness**
Understanding feelings, self-confidence.

**Social awareness**
Respecting and understanding others, and appreciating differences between people.

**Self-management**
Managing emotions, being able to set goals and stick to them.

**Responsible decision-making**
Choosing wisely and thoughtfully.

**Relationship skills**
Cooperating, communicating, making friends and resolving conflict.

Research shows that children benefit most from social and emotional learning when it is taught in regular school lessons and matched to children’s learning stage. As we continue to tailor our values program to best suit the needs of our children here at Monash, we always value your input. If you have any suggestions on ways we can continue to improve the wellbeing of our children, please let us know!

Andrew Buesnel
Deputy Principal

**Library News**

**e-books and audio books**
All students at Monash Primary will have received a card with log on details for borrowing e-books and audio books through the library catalogue. Please keep these details in a secure place. Please ensure that you place a “0” at the beginning of the ID number, when the cards were generated this number dropped off. The log on will not work without this number at the beginning. The instructions were sent out with the newsletter on 26 September. If you have any issues please drop into the library or email me.

**Children’s Book Council of Australia ACT Branch- Children’s Week Competition**
The Children’s Book Council of Australia ACT branch is running a competition for Children’s Week. The competition involves the children taking a photo of their favourite reading spot with the CBCA logo sitting in the spot, and writing about why it is their favourite spot and their favourite Australian book. The winner receives a book and books for their school library. Details of the competition are at [http://act.cbca.org.au/competitions](http://act.cbca.org.au/competitions).

HAPPY READING!

**Dirt to Dish Kitchen News**

Welcome back to Cooking news!
After the success of our working Bee in Week 9 last term, the Monash School garden is thriving. We have had plenty of rain and sunshine which means all the plants we sowed are starting to grow and the ones that were already in the ground have gone wild!
Keep your eye on the upcoming newsletters for posts about new market stalls this term, where we will be selling fresh produce from the garden with all proceeds being directed back into the Dirt to Dish program.

In Kitchen news this week we welcome some new faces into the class for term 4. The Monash students that have been waiting patiently all year for their turn to cook are finally getting their chef hats on!

This week we have been making healthy, fresh Sung Choi Bao – a delicious Chinese dish that involves mince and a variety of fresh, bright coloured vegies being stir-fried and served in crispy lettuce cups. Easy to cook, cheap and super fun to eat! The children especially love this dish as it is very easy for them to prepare and cook all the ingredients with minimal supervision – and the best part is they get to eat it with their hands. We added rice noodles to the recipe to add more texture and to make them more filling. I encourage you to experiment with lots of different ingredients and flavours. You could try using different meats, vegetables and even seeds and nuts. Sung Choi Bao is also a fantastic way to use up leftover vegetables hiding in your fridge!

Happy cooking everyone!

ATTENTION PARENTS

ARE YOUR CHILDREN RETURNING TO MONASH IN 2015?

Could you return the slip below if you are not likely to be returning to Monash School in 2015 (this does not include current Year 6 students).

This information, if possible, is required as soon as possible as we have begun configuring classes for 2015. Your assistance with this information is greatly appreciated.

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Child’s Name _________________________ Year Level _______________
Child’s Name _________________________ Year Level _______________
Child’s Name _________________________ Year Level _______________

☐ My child/children will not be returning to Monash School 2015
☐ My child/children are not likely to return to Monash School in 2015.

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Health Issues

We have had two cases of head lice in Yerra Unit and Bimbi Unit. Please check your child/ren’s hair and treat if required.

CHILDREN’S LUNCHES/SNACKS

Please ensure that students do not have any nut products eg peanut paste, Nutella, etc in their lunches or snacks as we have a number of children who are anaphylactic. Thank you.

P & C NEWS

I hope that all our families are well rested and ready to embrace the last school term of 2014 with lots of exciting happenings in and around the school community.
P&C President Call for Nomination
The Monash School P&C welcomes expressions of interests from the School community for a new P&C President, up to the next Annual General Meeting in March 2015. We would love to hear from a parent or carer who would like have a taste of being involved in the School’s P&C. Please indicate your interest to Sue Visentin (front office) or to monash_pandc@hotmail.com.

Here is a sample of President’s roles:
- Chair general and executive committee meetings
- Act as a spokesperson for the association
- Encourage parents to participate.

Next P&C Meeting
The next meeting will be held at 7.00 pm on Wednesday, 12 November 2014 in the Community Hub.

Kind regards
Vice President, Monash School P&C

Canteen

** PARENT HELPERS NEEDED THIS TERM **

Welcome to term 4 and we hope that you all had a nice break and are refreshed for what will no doubt be a very busy term. Over the holidays a few changes were made to the menu so please at your convenience take a few moments to have a look.

So as we are able to offer such exciting choices for the students, we could do with a few extra helpers each week to make this come to fruition. Parent volunteers are always needed and appreciated. The telephone number direct to the Canteen is 6291 6357, or alternatively you can drop us an email at monashpscanteen@outlook.com to discuss your interest.

Parent Volunteer Roster Week 2

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<td>Tues 21</td>
<td>ASSISTANCE Needed</td>
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<td>Wed 22</td>
<td>Rachael</td>
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<td>Thurs 23</td>
<td>Julie</td>
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<td>Fri 24</td>
<td>Lyn</td>
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Menu - Please note that the “chicken nuggets (GF)” listed on the menu are only for those children who are gluten intolerant.

"Hub Happenings"

This week at the Hub a few residents from Goodwin village were invited to morning tea.

The residents had a lovely time. They were treated to some singing from the preschool students and school choir, as well as some break dancing and one on one reading from Year 1/2 students.

When the residents were leaving they commented on how impressed they were with the entertainment. They thoroughly enjoyed themselves and said they would love to come back and hear more reading from students.

A big thank you to all the students, parent helpers and teachers involved also to the parents who helped baked some yummy treats.

Hub activities
Breakfast Club - Monday, Tuesday and Fridays from 8.15 am to 8.55 am. A healthy start to the day. We welcome all students and parents/carers.

Parents/carers morning tea – Tuesdays at 9.15 am. Come and have a chat and a cuppa.

Playgroup - Fridays from 9.30 am to 10.30 am. Come and relax, let the little ones play and join in with our craft activities and morning tea.

Upcoming events

Bringing Up Great Kids

Bringing Up Great Kids is a parenting program built upon the principles of attachment, reflection and mindfulness. It provides the opportunity for parents to reflect on their parenting style, identify the messages their children are communicating, overcome obstacles and manage effective parenting despite pressures. They will learn about the importance of self esteem, and discover ways to take care of self and find support when needed.

This is a great program and is open to everyone.

When: 9.30 am to 11.30 am on Thursday 23 and 30 October

Where: Gilmore Primary School

Contact: Tuggeranong child and family centre intake on 62078228

PAYING FOR EXCURSIONS VIA OUR WEBPAGE

You may notice on our excursion notes that it now lists a reference number eg 8200-000-00 this is a reference which relates to a specific excursion on our MAZE system used for receipting payments.

The family code is usually the first five letters of your surname and the initial of your first name.

The bank account details for Monash School is Westpac BSB 032777 Account No. 001674.

If you have any queries, please phone the front office.

Thank you

Lost Property

Please check lost property if you are missing any clothing items. Anything left at the end of term will be donated to a charity or the second hand clothing pool. School Hats

The front office has bucket hats for sale at $10 each in medium or large sizes.

ENTERTAINMENT BOOK!

Please return the Entertainment Book that was sent home with your child immediately as we are now finalising the fundraiser.

CLICK HERE TO BUY NOW!

Thanks you for your support!
SCHOOL BANKING

Why not join in the fun at your school!! School Banking operates each Friday, except the last day of term. Please bring completed bank books to the Front Office.

SCHOOL UNIFORMS

School uniforms are available from Savvy School & Formal Wear, shop 32, Homeword, Soward Way, Tuggeranong. For any enquiries, please phone Savvy on 6293 4342. All Monash parents receive 10% off uniform purchases.

COMMUNITY NOTICES

Monash Neighbourhood Watch – Garage Sale

If you would like join in and set up a stall and sell your gear, you are very welcome to come join in, but let me know soon.

The cost of a spot is $5 up to 3 tables.

Here are the details for the day

Monash Big Garage Sale
Saturday 29 November 2014
8.00 am – 3.00 pm
Charleston Street Park
Monash

ACTION School Bus No. 858
SR.858 – school route will start 5 minutes earlier, at 7.50am.

The change will come into effect as of Monday 27 October 2014.
This Spring the Tuggeranong Lions are running a **FREE** six week skills and fitness program for all interested kids (boys and girls) from Auskick Rookies through to Under 15s.

The program will run from 5.30pm – 6.30pm on a Thursday night at Kambah Oval No. 1 (just off Chirnside Circuit). Qualified coaches will be on site as we kick-off on 23 October and run through until 27 November.

To register your interest please contact the club via personal message on Facebook or email.

**We’re looking forward to seeing you there**

*Sean Heelan*
President
Tuggeranong Lions Junior Football Club
TuggeranongLionsPresident@gmail.com

E: TuggeranongLionsFootball@gmail.com
W: www.facebook.com/TuggeranongLionsAFC

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