

# MONASH CANTEEN MENU

AUTUMN/WINTER 2016

OPEN AT 8:45AM MONDAY – FRIDAY

## CANTEEN MADE MEALS

- Spaghetti Bolognese \$4
- Macaroni Cheese \$4
- Lasagne \$4
- Shepherds Pie \$4
- Baked Potato \$3.50  
(with Bolognese sauce & cheese)

ORDERS MAY BE PLACED AT THE CANTEEN,  
LEFT IN THE BLUE LOCKED BOX OR  
MADE ONLINE AT [flexischools.com.au](http://flexischools.com.au)  
(before 8:45am)

## OTHER HOT FOOD

- Beef Cruiser Pie \$3.50
- Sausage Roll \$3.00
- Chicken Goujons \$3.50 (GF available)
- Chicken Tender Wrap \$3.50 (S) \$4 (L)
- Monash Salsa Wrap \$3.50 (S) \$4 (L)

## SANDWICHES & WRAPS

- Vegemite, Cheese or Ham Sandwich \$2.50 \*Toasties 0¢ extra
- Ham, Cheese & Tomato Sandwich \$3 \*Wraps 50¢ extra
- Chicken & Salad Sandwich \$3

SALAD BOX (With Chicken, Ham or Cheese \$4)

## SPECIAL MEAL DEAL

Any 'Canteen made meal'  
plus a juice \$5

## SAUCE

- Tomato 30¢
- Barbecue 30¢

## WEDNESDAYS ONLY

**Beef Burger or Cheese Burger \$4**  
(with salad, beetroot and sauce)

## DRINKS

Juice \$1.50

(Apple, Orange,  
Apple & Blackcurrant,  
Paradise Punch)

Water \$1.50

Milk \$1.50

Milk &  
Sipahh Straw \$2

Nippys Milk \$2.20

(Strawberry,  
Honeycomb,  
Chocolate)

## TUESDAYS ONLY

**Fish & Chips \$4**  
(crumbed fish with  
roasted vegies)

## HOT SNACKS

- Hot Milo \$1
- Hot Soup of the Week \$1
- Cheese & Salsa or  
Apple Turnovers \$1

## SNACKS

- Cheese Cube 5¢
- Snack Bag \$1
- Piece of Fruit \$1
- Fruit Salad \$1.50

- Rice Cracker 5¢
- Mini Fruit Muffins 20¢
- Wheaty Bites 50¢
- Yoghurt or Custard \$1
- Popcorn, Pretzels \$1
- Popped \$1
- Fruit Straps \$1

## FROZEN SNACKS

- Icy Pole 50¢
- Frozen Juice Cup \$1
- Slushie \$2

