



Kinder to Yr 6 Office
Preschool

Corlette Crescent Monash
Forwood Street Monash

Phone: 6205 7555
Phone: 6205 7085

www.monashps.act.edu.au

email: info@monashps.act.edu.au

NEWSLETTER UPDATE NO: 1 – 14 NOVEMBER 2014

Dates to Remember	
Monday, 17 November	Kulture Break dance lessons
Tuesday, 18 November	Preschool to Kinder transition 9.30 am – 10.30 am
Wednesday, 19 November	Kulture Break dance lessons Bandstravaganza
Thursday, 20 November	Preschool to Kinder transition 12.00 pm – 1.00 pm
Friday, 21 November	Classes 2015 to parents Assembly 5/6 9.15 am IRP Multicultural picnic year 5/6

Notes Going Home This Week
Year 6 Graduation and Dinner (due back 5 December 2014)
2015 Year 6 Polo Shirt/Polar Fleece order form (due back 5 December 2014)
End of Year Concert – costume requirements (due in 1 December 2014)
Head Lice note – Koalas and Echidnas

MONASH SCHOOL IS ALLERGY FRIENDLY

Principal’s Message

Dear Parents/Carers

Today as we endured one of our hottest days of the year so far, our Year 5/6 students organised the annual Market Day event. This year funds raised from the event will be used to purchase the Year 6 gift to the school at the end of the year and also to



make a donation to the Kidney Health Foundation. Thanks to our wonderful senior students and their teachers for organising today’s activities which everyone thoroughly enjoyed.



This week, students in all year levels have been participating in First Aid training conducted by St John’s Ambulance. Many students went home with slings and bandages on however I am pleased to reassure parents/carers that there were no genuine injuries incurred. At the same time, the children learnt some valuable life skills.

Yesterday, students from the Winyu Unit attended the “Be the Best You Can Be” event at the AIS. From all reports the children had a terrific time and some even got to meet the Canberra Raiders!

Congratulations to those students who attended the Principal's Morning Tea yesterday. It is one of the highlights of my week to be able to spend time chatting with the children whilst at the same time celebrating the great work that they have been doing in class.

I would like to encourage all parents/carers to complete the transition documentation that was sent home last week. These forms are a valuable means by which we can gain key information about each individual child from a parent's perspective. The information provided will be potentially very important in assisting your child's 2015 teacher to have a more holistic understanding of your child. These forms are required as soon as possible to assist in meetings being organised to facilitate discussions between 2014 and 2015 teachers.

Next Friday parents/carers will receive notification of class teachers for 2015. There are however, some incoming 2015 staff that have not been confirmed and as a result identities of all teachers may not be able to be revealed. I assure parents/carers that as soon as I am provided with the relevant information it will be communicated to those families concerned. Class lists will be available for public viewing on Monday, 24 November in the front foyer. All of these steps have been taken to alleviate as much anxiety as possible about the new school year.

I would like to thank all of those parents who attended the working bee in our new Outdoor Learning Area last Sunday. It has been great to see some classes already beginning to use the area this week. The space will become available during lunch breaks next year when the plants have had more time to establish.

Finally, I would like to remind parents/carers of the very special assembly that will be occurring next Friday morning at 9.15 am. This assembly will provide our community with the opportunity to acknowledge and farewell some of our staff members who will be leaving Monash at the end of 2014, including Andrew Buesnel and Belinda Bacon. All parents/carers are welcome to come along and also stay for the morning tea which will be held on the basketball court afterwards. Please bring a plate to share.

Have a great weekend everybody and stay cool!

Shane Carpenter
Principal

Deputy Principal's Brief

Learning to Value Others

Some girls in Grace's year four class were taking turns at skipping. Grace watched them closely and decided she would like to have a turn too. She asked to join in but Sally said: "It's too hard for you."

Grace had an intellectual disability. This meant she sometimes took longer to learn things. She was also not as well coordinated in sports as the other girls. "Come on. Let me have a turn," said Grace. "Anyone can have a turn," said Deepa. "Have your turn after me."

So Grace tried to skip over the rope, but it got caught at her feet. "Try again", a few of the girls said. "You have to jump just as it hits the ground." Grace tried again. They gave her extra tries because she was learning. On the last try she managed two skips in a row. "You did it!" said Deepa. Grace was really proud. "I did it!" she said, "and you helped me".

Learning to see another person's point of view

Learning to see another person's point of view is important for getting along with others and building positive friendships. Understanding others helps children know what to do in social situations and is the basis for developing caring and responsibility. It's not always easy for children to see the point of view of someone who is different from them. Being different could mean having a disability, coming from a different country, being a different age or gender, or having different values and interests. Children who are seen as different may be left out of activities. They may face discrimination because others think they are

not as good, as talented, or as important as they are. Discrimination can have very negative effects on children's self-esteem and mental health and wellbeing.

Skills for empathy

Taking others' needs into account involves values of caring, compassion and acceptance of others. It also involves emotional skills for empathy. Learning to empathise with another person means learning to 'walk in their shoes.' It means being able to recognise and value their feelings and needs, even though they may be different from your own. Skills for empathy develop over time and include:

- recognising your own feelings
- recognising others' feelings
- listening to others' opinions
- thinking what it would feel like if you saw the situation their way
- thinking how you can respond in a caring way
- doing something to help.

Some children find it easy to tune into feelings. Others need more guidance to learn empathic skills. Adults have an important role in supporting children to learn kindness and empathy and we aim to open these conversations and support avenues through our focus values each fortnight. Please take the opportunity to talk with your child about what it means to 'put yourself in someone else's shoes' and see the world from their eyes.

Andrew Buesnel
Deputy Principal

Arrival at School

Please ensure students arrive at school each morning as close as possible to 8.50 am unless they are going to Breakfast Club which commences at 8.15 am. We are concerned that quite a number of students are arriving at school from 8.00 am onwards. It is important to note that no formal supervision for students is provided before 8.50 am.

Library News

Carnival Book Fair

We are holding a book fair from Wednesday 26 – Friday 28 November. This is a wonderful opportunity for you to do some Christmas shopping and support the school and library at the same time. There will be a selection of children's books, cookbooks, adult books and kits. The fair will be held in the Community Hub and will be open 8.30- 10.30 and 2.30 to 4.30 each day which will allow parents to shop without their children. The children will be given the opportunity to visit the fair and write a wish list that they will bring home.

Children's Book Council of Australia ACT Branch- Children's Week Competition

Congratulations to Kirsten from the Koalas who won the Preschool section of the Children's Book Council of Australia ACT Branch, Children's week competition. Kirsten entered a photo of her favourite reading spot, and wrote about the spot and her favourite book. Results of the competition and Kirsten's photo are at http://act.cbca.org.au/act_favread . Kirsten received a book from the Children's Book Council of Australian ACT Branch and the school received 10 books that students will shortly be able to enjoy. Thank you to Kirsten and the Children's Book Council.

Borrowing and Returning

The end of the year is approaching all too quickly, which means students will only be able to borrow for the next 2 weeks. All books are due back on Monday 1 December so that we can get all the books back in order on the shelves ready for the end of year stocktake that allows us to keep our records of books up to date. It would be greatly appreciated if you could start sending back any books that students have finished reading. The students are still able to access e-books and audio books online. ACT libraries at Erindale and Tuggeranong both have a wide selection of books that student can access.

HAPPY READING!

Dirt to Dish Kitchen News

The weather has been so glorious over the past few weeks and as a result our school garden is doing incredibly well. Our strawberries are flourishing (and finally starting to ripen) and every day I am picking handfuls of snow peas. If you walk past you may notice some of the bigger plants like the spinach and rhubarb are starting to go to seed. We are allowing this to happen so that we can harvest the seeds for our 2015 planting.

Please remember that you are welcome in the school garden at any time. Garden club commences this week on Thursdays at recess. I hope to see lots of smiling faces ready to weed, water, plant and learn! Don't forget your hats and drink bottles.



Week five in the Kitchen has seen us making Hummingbird Cake. Thought to have originated in the Caribbean, Hummingbird Cake is a delicious, somewhat healthy cake choice. It contains no butter but uses oil instead and has a high fruit and vegetable content meaning there is very little flour used to hold it together. We have replaced the nuts with Sunflower seeds to add a healthy crunch. This cake is so easy to make. All the ingredients get mixed in one bowl and the children only need to use a peeler, fork and grater to prepare the mix. I would really encourage you to make a batch of these as muffins to keep in the fridge or freezer for lunchboxes, breakfast on the go or a delicious afternoon tea.

Cake you can eat any time.....you have got to be happy with that!

Kitchen wisdom:

Beauty comes from within.

For example a fridge.

Happy cooking everyone!

ATTENTION PARENTS

ARE YOUR CHILDREN RETURNING TO MONASH IN 2015?

Could you return the slip below if you are not likely to be returning to Monash School in 2015 (this does not include current Year 6 students).

This information, if possible, is required as soon as possible as we have begun configuring classes for 2015. Your assistance with this information is greatly appreciated.

Child's Name _____ Year Level _____

Child's Name _____ Year Level _____

Child's Name _____ Year Level _____

My child/children **will not** be returning to Monash School 2015

My child/children are **not likely** to return to Monash School in 2015.

CHILDREN'S LUNCHESES/SNACKS

Please ensure that students do not have any nut products eg peanut paste, Nutella, etc in their lunches or snacks as we have a number of children who are anaphylactic. Thank you.

Extra Days for School Holiday Program

As Term 4 ends on Wednesday 17 December, Communities@Work Monash School Holiday Program will be open on Thursday 18 December and Friday 19 December 2014 to assist families who may need care for these two days. The School Holiday Program will then recommence from 5 January 2015 until the beginning of the 2015 school term.

At our program children have the opportunity to explore, experiment and experience a wide range of activities and excursions. Organisations are also invited to our program to introduce children to new and exciting ideas that have the potential to inspire.

Due to the expected popularity of these two extra days, we recommend you enrol your child as soon as possible. To enrol please visit our website at www.commsatwork.org or contact Communities@Work Enrolments Team at enrolments@commsatwork.org or 1300 212 273

Monash School Holiday Program Team

P & C NEWS

A wonderful employment opportunity has become available at Monash School Canteen; a P & C run service.

Monash Canteen is a busy, friendly, healthy eating canteen looking to appoint a Canteen Manager.

We have 450+ young clientele looking for friendly faces to prepare and serve yummy delights!

Information on how to apply, including selection criteria can be sought by contacting the front office or emailing monash_pandc@hotmail.com

Applications Close 5pm 28th November

Monash School P & C Canteen Chair

Canteen

Where has the week gone????? The Summer holidays are nearly upon us yet it feels like summer has already arrived. To help the students combat the heat frozen fruit juice items are available at this time of year.
50c fruit icy poles, \$1.00 frozen fruit cups and for \$2.00 they can purchase a slushie.



A friendly reminder that the “Fun Fundraising Feast” is on next
Wednesday 19th November.

All request forms must be returned to the Canteen **by Noon on Monday 17 November**. **We will not be able to accept requests after this time**. Remember that returning forms, with the correct money please, can be placed in the locked blue box just outside the Canteen windows for your convenience. Alternatively, you can fill out an order via our Flexi School Website.

If you're able to spare an hour or two on the morning of Fun Fundraising Feast your help will be greatly appreciated. Please contact Kate in the Canteen.

Hope you have a great weekend and keep up the fluids!

Menu - Please note that the “chicken nuggets (GF)” listed on the menu are only for those children who are gluten intolerant.

"Hub Happenings"

We have one week until our family pizza games night. This going to be a fun and entertaining night, a great way to start to relax after a busy year. Please put your names down at the front office. Please mark in your calendar , Friday 21 November at 6.00 pm at the Hub.



Our Goodwin Village visitors had such a lovely time last visit, they are coming back for a Christmas theme morning tea on Wednesday 4th of Dec 10.30-11.30. The Preschool students will be performing a couple of songs and the school choir will also be involved. If any parents would like to get involved and bake a treat or help out on the day please let me know.

PAYING FOR EXCURSIONS VIA OUR WEBPAGE

You may notice on our excursion notes that it now lists a reference number eg 8200-000-00 this is a reference which relates to a specific excursion on our MAZE system used for receipting payments.

The family code is usually the first five letters of your surname and the initial of your first name.

The bank account details for Monash School is Westpac BSB 032777 Account No. 001674.

If you have any queries, please phone the front office.

Thank you

Lost Property

Please check lost property if you are missing any clothing items. Anything left at the end of term will be donated to a charity or the second hand clothing pool.

School Hats

The front office has bucket hats for sale at \$10 each in medium or large sizes.

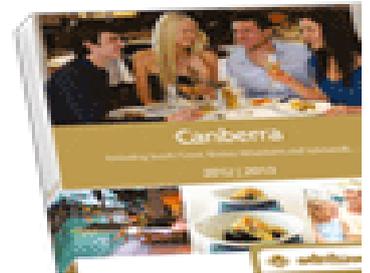


ENTERTAINMENT BOOK!

Please return the Entertainment Book that was sent home with your child immediately as we are now finalising the fundraiser.

CLICK HERE TO BUY NOW!

<https://www.entertainmentbook.com.au/orderbooks/238c54>



Thanks you for your support!

SCHOOL BANKING

Why not join in the fun at your school!! School Banking operates each Friday, except the last day of term. Please bring completed bank books to the Front Office



SCHOOL UNIFORMS

School uniforms are available from Savvy School & Formal Wear, shop 32, Homeworld, Soward Way, Tuggeranong. For any enquiries, please phone Savvy on 6293 4342. All Monash parents receive 10% off uniform purchases.



COMMUNITY NOTICES

Monash Neighbourhood Watch – Garage Sale

If you would like join in and set up a stall and sell your gear, you are very welcome to come join in, but let me know soon.

The cost of a spot is \$5 up to 3 tables.

Here are the details for the day

Monash Big Garage Sale
Saturday 29 November 2014
8.00 am – 3.00 pm
Charleston Street Park
Monash

2014 CIT Spring Plant Sale

When: **Saturday 15 November**, 9am–4pm

Where: CIT Bruce, entrance off Eade Street

Pick up a great range of plants including seedlings, natives, shrubs, vegetables, flowers and trees, all prepared by the CIT horticulture students. You can also bring your problem plants and questions – students will be on hand to give you garden advice.

All plants are offered at very reasonable prices, so bring your own box or wheelbarrow and stock up! EFTPOS and free parking available.

Authorised by Carolyn Grayson, Deputy Chief Executive, Canberra Institute of Technology

The School, its staff and the Territory are not aware of, and make no representation as to, the truth or accuracy of the information provided in advertisements/community notices appearing in this publication. Readers should make their own enquiries in relation to the information."